

Motivation for Jn 3: 16-18

As we reflect on this Sunday's Gospel and it being the feast of the Most Holy Trinity, let us ponder the love that God has for us. God's love is so great that, not only did he create us, but he wanted to meet us *in* creation. Let us remember that God loved us so much that he, the one who spoke the stars into being, the one who led the Israelites out of captivity, decided to make himself like us, to **meet us where we are**.

Remember that God wanted to meet us in our humanity, in all our **weaknesses** and our **helplessness**. When God came down he was not expecting a perfect world, he was expecting to be our **Saviour**. In our Christian faith we can often put pressure on ourselves to be perfect, we want to be holy and please God. These are good intentions, but we must remember that we cannot do this without the saving help of Jesus.

As we read this Gospel, let us remind ourselves that Jesus knows us through and through. He knows our flaws, our gifts, our sorrows, our joys, and **he wants to come into all of that**, and shine his light through. He did not come to judge but to **save**. Let us allow him to save us.