

## **Motivation for Luke 24, 35-48**

In this moment of Lectio we once again prepare ourselves to encounter Christ through this Word. We do not make this encounter in a mystical way but in this real present moment; right now in the very seats that we are sitting, the people we are with, and with the noises and thoughts in our heads.

So I welcome you to think for a moment how is this presence of Christ making you feel right now?

As we will read this Gospel, it shares a story that Christ's presence is not to scare us, make us afraid or chase us away; in fact, Christ will do everything that we ask to feel comfortable, feel known and feel recognised. Through the power of the Trinity, Christ is human with us as much as God and so Christ recognises our emotions, can read our facial expressions, and understand our willingness to open our heart to God. This is why we hear so much comfort in the words: 'Peace be with you', it speaks to the root of our emotions in every human way we need.

So to what end does Christ humble himself to become human and have an encounter with us in our lives today... to give us hope in today, faith in tomorrow, and love that will always be with us. We should have no fear and so too become witnesses to that fact that Christ is present in the world today!"