

Motivation for Jn 4: 5-42

Because of God's love for us, we are constantly guided by his spirit to feed on spiritual things.

The Spirit also guides us to learn how to serve him, how to praise him, how to love him, how to pray.

The word enables us to hear him so that we may testify ourselves that he is our saviour.

Lectio is a relationship, a divine discussion with the Lord where prayer, praise and worship are our ways of speaking to him. And it is through his word that he speaks to us.

What does the Lord want to say to you today? What are you thirsting for, that he can satisfy?