

LECTIO DIVINA

"YOUR WORD IS A LAMP FOR MY FEET.
A LIGHT FOR MY PATH" Ps 119: 105

A STRUCTURE FOR SHARED LECTIO GROUPS

1. Begin with a moment of silence, so you can place yourself in God's presence.
2. Then say the invocation of the Holy Spirit and open the ear of your heart for a careful and silent reception of the Word:
"Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love, send forth your Spirit and they shall be created; R. and you shall renew the face of the earth".
3. Read the passage of Scripture. (Stand up)
You can choose between the following types of lectio:
 - Read the whole passage and then share the echoes.
 - Do lectio verse by verse sharing echoes in between.
4. Echoes.
5. Bidding prayers. (Stand up)
6. Our Father.
7. Conclusion:
"May the Lord bless us, keep us free from all evil and bring us to everlasting life. R. Amen"
8. Patron Saint of the community:
"Saint.../ R. Pray for us".
9. Sign of Peace.
10. Hail Mary.

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APPROACHES TO ENTER INTO YOUR LECTIO AND TO SHARE THE ECHOES

"SPEAK LORD, YOUR SERVANT IS LISTENING"

1 SAM 3:19

ENTER INTO YOUR LECTIO WITH THE HELP OF SOME OF THESE QUESTIONS

- **What does the passage say?** Read it carefully, without losing any detail; Where does it happen? When? What do they do or say? Why do they do or say that? How do they feel? What are the most important ideas in it?
- **What do I discover of God** through this passage? About the ways He is, the way He thinks, sees, feels...
- **What is the Good news** that this Word proclaims to me?
- **What is the salvation** that this Word brings to my life today?
- **How does this passage illuminate my life?** Does it change something in my way of seeing things; my mood, my attitude or my disposition in certain situations?

SHARING AN ECHO

- The echo is the result of a **personal experience of God**. In the Scriptures we find His life, His love, His truth, His power.
- It is to **share what I have found**, in His Word, about His love and action in my own life and in my present circumstances.
- That's why it must be done in the **first person singular**: "It strikes me", "This word is telling me"; for this is about sharing a personal experience of the Gospel. It is not an explanation, a speech or an impersonal reflection based on the reading.
- Christ also speaks to us through **the echoes of other people**; their experiences can enlighten us because God also speaks through His action in other people's lives.
- In this way we build the group as a **community centred in Christ**. We get to know each other deeply and grow together in faith.
- The echoes are **an invitation to listen**: do not comment on, or discuss another person's echo. This will break the silence of meditation.

WHAT IS A CONVIVENCIA?

The lectio group gets together regularly for a convivencia, in which the group has an activity that enables us to review our lives both in a personal and a community perspective. Its objective is the spiritual growth of each member and of the group as a whole in an atmosphere illuminated by the Word of God and by the love of one another. An important part of the Convivencia is the fraternal meal.

TIPS TO PREPARE

Don't forget!

1. Always have a candle, cross and cloth.
2. Take a look at the biblical passages beforehand.
3. And then think about how you are going to motivate the lectio.